

# BACK TO SCHOOL INFORMATION

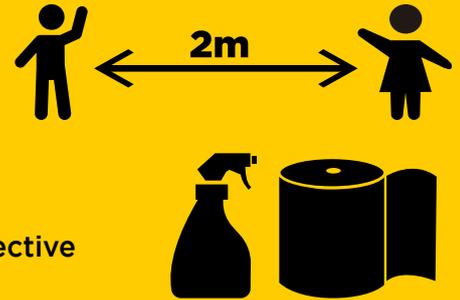
## Infection Prevention and Control (Home-School-Home)

In August, we will have consistent signage throughout our schools with important information on what we all need to do to keep our schools safe.

Here, we have produced some guidance and principles on coming to school, uniforms and some of the items that are normally brought to school, to help to keep us all safe.

### WE ALL SHOULD:

- Keep 2 metres apart from other households
- Wash hands frequently
- Catch your coughs and sneezes in a tissue
- Clean and disinfect surfaces regularly



These are **SCIENTIFICALLY PROVEN** as the most effective way to prevent the spread of coronavirus

### Reducing infection risk and keeping our school community safe

We know that coronavirus spreads by close contact with a person with symptoms and by touching contaminated surfaces. We can reduce the risk of infection in our schools by:

- ✓ Remembering the four key ways to fight the virus: physical distance, washing hands, catching sneezes and cleaning/disinfecting surfaces
- ✓ Ensuring that staff and children with symptoms (or if anyone in their household has symptoms) do not attend school or nursery
- ✓ Following the rigorous measures in place in our schools/nurseries to reduce the risk of infection and transmission
- ✓ Following all guidelines from NHS Public Health on [www.nhsinform.scot](http://www.nhsinform.scot)



### Guidelines we should all follow to keep us safe

These measures will be implemented in all schools and nurseries and should be followed as strictly as possible.

If your child is vulnerable due to an underlying health, you should contact your child's school to discuss some additional measures that can be put in place. Your child should maintain strict social distancing from other groups of children out with their own and adults within the school so please ensure that you contact the school to discuss this.

- ✓ You should check child(ren) for symptoms every day: new continuous cough, high temperature, loss of taste or smell.
- ✓ Children should be encouraged to wash hands regularly and particularly before they leave the house and when they come back home from school.



## Guidelines we should all follow to keep us safe (continued)



- ✔ Children will wash their hands or use hand sanitiser when they enter and leave school; before and after eating and after using the toilet.
- ✔ Children are not required to wear a face covering in school but they can wear one if they wish.

The following advice relates to the use of face coverings:

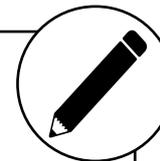
- Using face coverings incorrectly can spread germs. For this reason, it is important to properly wear, store and dispose of face coverings by doing the following: Sanitise hands for 20 seconds with soap and water, or use an alcohol based hand sanitiser, every time you put on and take off your face covering. If you are unable to clean your hands, be very careful not to touch your eyes, nose or mouth.
- Do not put face coverings where others can touch them or where germs trapped in your face covering can touch other surfaces, such as counter tops or your kitchen table.
- Do not throw your face covering loose in a bag or backpack. Keep a plastic bag with you to store your face covering if you are taking it off outside your home. Once home ensure you wash your face covering at 60 degrees centigrade.

## School Uniform



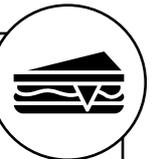
- ✔ School uniform will be more flexible as we understand that clothes will need to be washed more regularly so a plain polo shirt or sweatshirt in the school colours will be fine in primary schools. In secondary shirt and ties will still be the main uniform.
- ✔ In primary school, children should wear PE kit to school on the days they have PE to avoid having to change.
- ✔ Children should change their uniforms as soon they get home, including school shoes.
- ✔ Please make sure your child(ren)'s name is displayed prominently on their uniforms and outerwear so other children will avoid touching or taking home the wrong uniform. If this happens, please place the wrong uniform in a plastic bag, seal and tie it, and return it to school.

## School bags and stationery



- ✔ School bags should be cleaned regularly at home. These can be sprayed with a disinfectant aerosol spray or household disinfectant or use cleaning wipes, especially handles and shoulder straps. Avoid using bleach.
- ✔ Children should have their own pencils and pens etc and these cannot be shared with others in the class.
- ✔ The virus does not stay on paper for as long as on other surfaces but is better to ensure good hand hygiene if a book or jotter has been brought home from school for a home learning task.

## Lunch arrangements



- ✔ Lunch arrangements will be altered for the return to school. There will be staggered lunch breaks to minimise the contact between groups of children. This will be reviewed at the September weekend and changes made to the arrangements and the menu.
- ✔ Lunch will be a soup and sandwich lunch. This will be provided for children who are in receipt of free meals: Children in Primary 1 to 3 and those in Primary 4 to 7 and S1 to 6 who are in receipt of free meals. Parents can apply for free meals using the form on the Council website:

<https://www.eastdunbarton.gov.uk/residents/schools-and-learning/school-meals/free-school-meals>

## Lunch arrangements (continued)



- ✓ **Primary schools:** There will be no facility to purchase lunches in primary schools as cash handling is not advisable but cashless catering is being rolled out to all schools. Children not in receipt of free meals should bring a packed lunch.
- ✓ **Secondary schools:** Cashless catering is available in all secondary schools and children can purchase a lunch. It is preferable for children and young people not to leave the school premises at lunch time and if they do they should wear a face covering in shops.
- ✓ Lunch boxes and water bottles should be emptied and washed everyday with warm soapy water and disinfected often. Pay particular attention to the handle and lids (sipping/straw part)
- ✓ Please make sure your child's name is displayed prominently on the lunch box so other children will avoid touching or taking home the wrong lunch box. If this happens, please place the wrong lunch box in a plastic bag, seal and tie it, and request your child to take it back to school or, clean and disinfect the lunch box and wash your hands for at least 20 seconds with soap and water/sanitising gel. Place the clean lunch box in a plastic bag and return it to school through your child.

## Travelling to and from school



- ✓ All schools will put in place arrangements for entry and exit to the school. These will be sent to parents from the head teacher.
- ✓ Child(ren) should wash or sanitise their hands when entering the school.
- ✓ Where possible, we would ask children to walk or cycle to school. A leaflet about Active Travel has been issued to all parents. Some schools have traffic restrictions to limit traffic around the school. Schools will review their School Travel Plans and will continue to encourage active travel approaches.
- ✓ If children travel on public transport, they should comply with the regulations with the mandatory use of face coverings.

## School Transport including ASN transport



- ✓ Children must not go on the bus or the taxi if they are unwell or if anyone in their household displays symptoms of Covid -19.
- ✓ Face coverings are not required on school transport but children can wear them if they wish.
- ✓ Children should wash their hands before leaving home or use hand sanitiser if they have it.
- ✓ Children should sit in the same seat on the bus and should sit with the children from their family or year group if possible.
- ✓ There will be arrangements in place for enhanced cleaning and ventilation of the vehicle by the provider.
- ✓ Eating or drinking on the bus is not permitted.
- ✓ There will be particular arrangements in place for children who travel by taxi to school. This will include: escorts on ASN transport wearing face coverings and parents and staff will support children to understand the changes to the arrangements.

## Mobile phones



Please encourage your child to not bring mobile phones to school. If they need to do so, they should keep them in their bags during school hours.

Mobile phones should be cleaned regularly.