Challenge 20/20 Second Level

1. Keep a diary showing how it feels to be in 'Social isolation'.	2. Create a poster which shows how to maintain good hygiene during COVID 19 and beyond!	3. Create an information leaflet to show others how you can care for people while in isolation.	4. Social media is a dangerous place for children. Write a short piece of work explaining why you agree or disagree with this statement.
5. Write the 10 commandments of good social media behaviour.	6. Keeping fit is very important. Write an article explaining why we should keep fit and ideas for getting and keeping fit.	7. Can't cook, won't cook! Can you cook? Why? If you can't, what would make you try?	8. Music plays a big part in many people's lives. Why do you think that is? Do you think that schools should do more with music? If so what?
9. Write a letter to someone who might be lonely. Send it to them or post it through their letter box. Remember to wash your hands before and afterwards.	10. Create a cartoon story with pictures and speech bubbles for a younger child. You could write it about something funny that happened to you.	11. Choose a picture from Pobble 365. Look at the picture and think what may be happening. Plot out your story using a story map, then write it. You may take several days to write it.	12. Keep a diary of all of the tasks that you do around the house. You could: Make your bed, Wash the dishes, Polish the shoes, Fold clean clothes, Hang up wet clothes.
13. Write your timetable for each day. Decide: - when you will watch TV, -how long you will work for, -when you will take breaks, -what exercises you will do -what games you will play.	14. Think about what makes you happy, cross, bored, angry, sad etc. Show this on a mind map. Try to think what to do when you are in each frame of mind – Happy – just enjoy the feeling. Angry – go for a walk, count to ten or read a book.	15. Write a short story where each sentence start with the word that the last sentences ended with. E.g Today I stayed at home. Home is a good place to relax. Relaxing is important for everyone. Everyone needs to relax and rest. This is called Anadiplosis!)	16. Write a poem using onomatopoeia – words which describe the sounds they make. E.g. Splish, splash, splosh, Drip, drip, drop, Whoosh, whoosh, shoosh! Peace!
17. Cut out letters and words from old magazines and newspapers. Arrange them to create a story or a message.	18. Look at food packaging. What information is on the box/packet/tin? Why are we given that information? Invent your own product and create the packaging for it. Use words and pictures.	19. Make a reading log of all the that you read each day. Write in page numbers and a sentence or two telling what the text was about.	20. Read to someone each day. It may be another child, an adult or even your pet!